

## INTRODUCTION

### HISTORY OF LARYNGOSCOPY AND INTUBATION

In 1854, a Spanish vocal Pedagogist, Manuel Garcia (1805-1906) became the first man to visualize the functioning glottis in a human being.

On 23rd April 1895, Alfred Kirsten performed the first direct laryngoscopy.

In 1880 Scottish surgeon, William Macewen, (1848-1924) reported use of orotracheal intubation as an alternative to tracheotomy.

In 1913 Chevalier Jackson, reported high success in direct laryngoscopy.

Sir Robert Reynolds Macintosh (1897-1989), introduced his new curved laryngoscopy blade in 1943.

## **RESPONSE TO LARYNGOSCOPY**

The induction of anaesthesia, laryngoscopy , tracheal intubation and surgical stimulation evoke cardiovascular responses leading to alteration in heart rate, cardiac rhythm and blood pressure. The response starts in 5 seconds , peaks within 1-2 minutes and returns to baseline in 5 minutes.

This sympatho adrenal response is of little significance in healthy patients but hazardous in patients with hypertension, coronary artery disease, cerebrovascular disease, intracranial pathology and hyperactive airways. In these patients the stress response should be attenuated.

Prof. King et al., in 1951 documented myocardial ischemic changes following laryngoscopy and intubation with increase in systolic blood pressure upto 40mmHg even in normotensive patients.

Various drugs are used to attenuate this stress response like local anaesthetics, narcotics, vasodilators, beta blockers, calcium channel blockers, Magnesium and centrally acting sympatholytics.

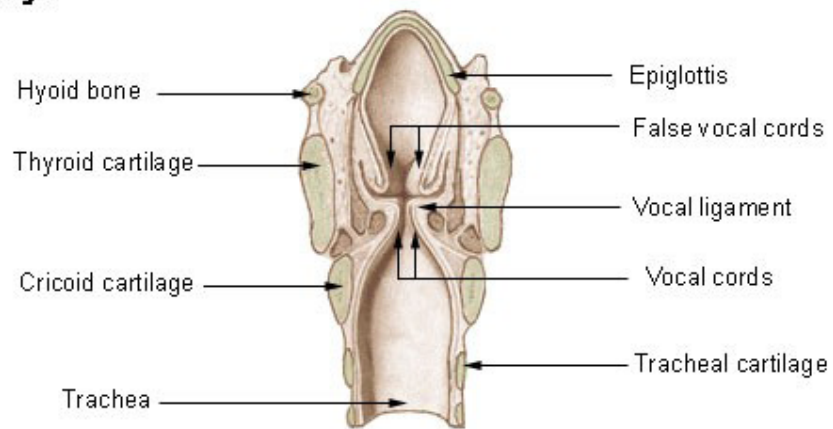
In the Institute of Anaesthesiology and critical care, Madras Medical College and Rajiv Gandhi Government General Hospital we have compared Esmolol and Magnesium Sulphate with placebo in attenuating hemodynamic stress response to laryngoscopy and intubation.

## **AIM OF THE STUDY**

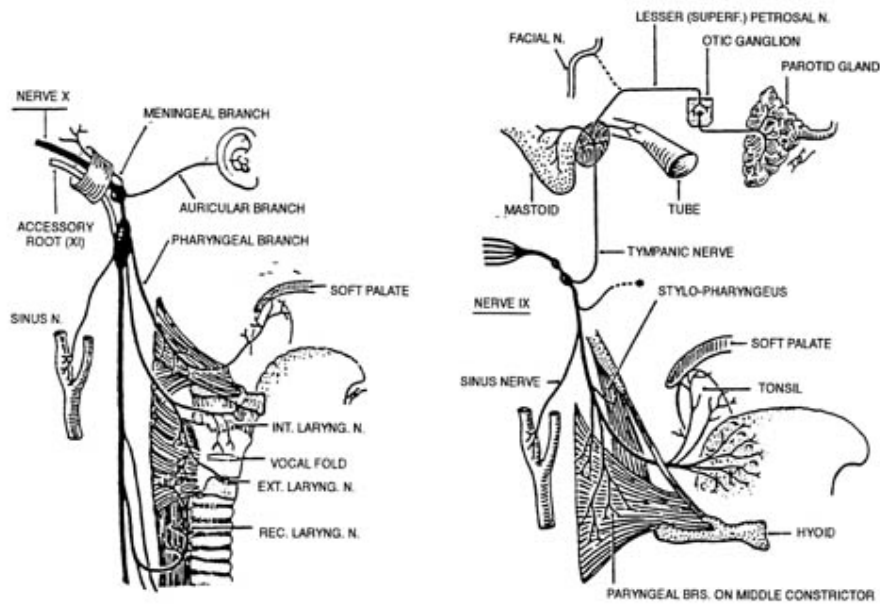
The haemodynamic stress response to laryngoscopy and intubation should be attenuated to balance myocardial oxygen supply and demand especially in coronary artery disease patients. It is also hazardous in patients with cerebrovascular disease, intracranial pathology and hyperactive airways. The aim of this study is to compare the effectiveness of Esmolol and Magnesium Sulphate for attenuation of haemodynamic stress response to laryngoscopy and intubation.

## ANATOMY OF LARYNX

### Larynx



## NERVE SUPPLY OF LARYNX



## **ANATOMY AND NERVE SUPPLY OF LARYNX**

The pharynx is divided into nasopharynx, oropharynx and laryngopharynx. The epiglottis separates the oropharynx from the laryngopharynx.

The palatine branch of the trigeminal nerve supplies the hard and soft palate. The anterior two third of the tongue is supplied by the lingual nerve and glossopharyngeal nerve supplies the posterior one third of the tongue. The glossopharyngeal nerve also supplies the roof of the pharynx.

The pharyngeal surface of the epiglottis is supplied by the glossopharyngeal nerve and the laryngeal surface is supplied by the vagus. The sensory supply of the supraglottic area is by the internal branch of superior laryngeal nerve. The motor branch of the recurrent laryngeal nerve supplies all the intrinsic muscles of the larynx except the cricothyroid, which is supplied by the external laryngeal nerve and the sensory branches of the recurrent laryngeal nerve supply the mucosa of the larynx below the vocal cords.

## **PHYSIOLOGY OF STRESS RESPONSE**

The larynx is a heavily innervated sensory structure, so laryngoscopy and tracheal intubation stimulates these structures leading to the stress response. Hemodynamic stress response to laryngoscopy and intubation occurs as increase in heart rate and blood pressure due to reflex sympathetic discharge. The force and duration of laryngoscopy, hypoxia, hypercarbia, stimulation of carina by endotracheal tube , repeated and prolonged attempts affect the stress response.

This stress response starts within 5 seconds peaks within 1-2 minutes and returns to baseline in five minutes. This sympatho adrenal response is of little significance in healthy patients but hazardous in patients with hypertension, coronary artery disease , intra cranial pathology and hyperactive airways.

## **CARDIOVASCULAR RESPONSE:**

Hypertension, tachycardia, bradycardia and dysrhythmias mediated by autonomic nervous system occurs. Hypertension, tachycardia , increase in cardiac work and oxygen consumption are mediated by sympathetic afferents via the cardioaccelerator fibres and sympathetic



chain ganglia. The polysynaptic pathway from 9th and 10th nerve afferents to sympathetic nervous system in the brain stem and spinal cord results in a diffuse autonomic response which includes widespread release of norepinephrine from the adrenergic terminals and release of epinephrine from the adrenal medulla.

One other reason for the hypertensive response is due to activation of renin- angiotensin system with release of renin from the renal juxtaglomerular apparatus, an end organ innervated by adrenergic nerve terminals.

Bradycardia caused by a rise in vagal tone in Sino atrial node is a monosynaptic reflex to a noxious stimuli.

## **RESPIRATORY SYSTEM:**

- 1) Reflex glottis closure-laryngospasm
- 2) Decreases dead space
- 3) Increased airway resistance
- 4) Bronchospasm

## **STRESS RESPONSE IN PATHOLOGICAL STATES:**

1) In patients with limited myocardial reserve , myocardial ischemia and failure can occur. It is essential to maintain the heart rate and blood pressure of the patient within 20% of the normal awake value. Heart rate should ideally be less than 110 beats per minute(ischemic threshold).

2) Intracranial vascular anomalies can rupture.

3) In patients with hyperactive airways bronchospasm and laryngospasm can occur.

4) Laryngoscopy and intubation can increase cerebral blood flow if autoregulation is impaired. The resultant increase in intracranial pressure can lead to brainstem herniation and death.

## **METHODS TO ATTENUATE INTUBATION RESPONSE:**

1) Maintaining a deep plane of general anaesthesia using volatile anaesthetics. This dose of volatile anaesthetics required to block the cardiovascular responses to endotracheal intubation may result in profound cardiovascular depression. The volatile agents used are Halothane, Isoflurane and Sevoflurane.

2) Local anaesthetics . Lignocaine is used.

a) It is given as viscous gargle for oropharyngeal anaesthesia.

b) aerosol for intratracheal anaesthesia

c) intravenous

d) local instillation or topical spray over the vocal cords.

e)Regional nerve blocks

3) Vasodilators –Nitroglycerine

Sodium Nitroprusside

Hydralazine

4) Magnesium sulphate

5) Narcotics –Fentanyl, Sufentanil, Remifentanil, Morphine, Pethidine.

Fentanyl is the most commonly used narcotic. It is a potent analgesic, has a short duration of action, does not increase intracranial tension and has minimal circulatory changes.

6) Calcium channel blockers- Nifedipine, Nicardipine, Verapamil, Diltiazem

7) Adrenergic blockers –Beta blocker-Metoprolol, Esmolol

-Alpha blocker-Phentolamine

Alpha and beta blocker-Labetalol

8) Central sympatholytics-Clonidine and Dexmedetomidine. They act by decreasing central sympathetic outflow.

9) Sedatives and anxiolytics.

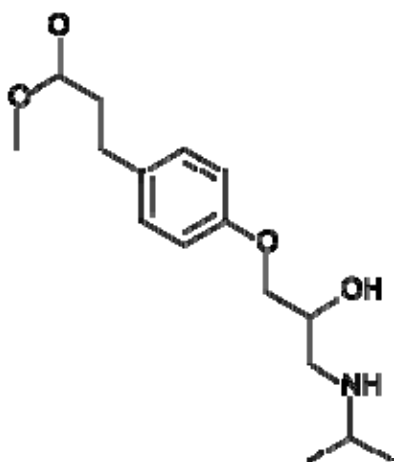
## PHARMACOLOGY OF ESMOLOL

### INTRODUCTION:

Esmolol is a beta adrenergic receptor antagonist. It binds to beta receptors and interferes with the ability of catecholamines to provoke a response.

### STRUCTURE:

It is methyl p-(2-OH-3-isopropylaminopropoxy)hydrocinnamate hydrochloride.



The ester group in the para position accounts for high metabolic lability and short duration of action. This para substitution also confers cardioselectivity on Esmolol.

Mol.formula-C<sub>16</sub>H<sub>26</sub>NO<sub>4</sub>Cl

Molecular weight -331.8

### **MECHANISM OF ACTION:**

Esmolol competitively inhibits beta adrenergic receptors. Beta receptors are G-protein coupled receptors and when stimulated activate adenylcyclase to produce cAMP. Net effect of beta stimulation is positive chronotropic, inotropic and dromotropic effect. Esmolol produces negative chronotropic, inotropic and dromotropic effect.

### **CLASSIFICATION:**

It is a cardio selective beta 1 blocker.

### **PROPERTIES:**

- 1) No significant intrinsic sympathomimetic activity
- 2) Membrane stabilizing effect at therapeutic doses

- 3) Cardiosselective
- 4) 55% is protein bound
- 5) Clearance is by ester hydrolysis of the methyl side chain, so it has short duration of action
- 6) It has no active metabolites
- 7) Elimination half time is 9 minutes.
- 8) Distribution half-life is 2 minutes
- 9) It has rapid onset and short duration of action. Therapeutic effect occurs within 5 minutes that ceases within 10-30 minutes.

## **PHARMACOKINETICS:**

Elimination half life is 9 minutes due to rapid hydrolysis by esterases in the cytosol of red blood cells. Elimination is independent of hepatic and renal function and plasma choline esterases. Distribution half life is 2 minutes. The major fraction of Esmolol is detectable in urine as acid metabolites which have longer elimination half life (4 hours) and slower clearance. However , the metabolites have only weak beta blocking actions which is about 1500 times less than the parent compound.

## **DOSE AND PREPARATION:**

Loading dose is 0.5mg/kg over 60 seconds followed by infusion rate of 50-300 microgm/kg/min. Each ml contains 10mg Esmolol Hydrochloride, buffered with sodium acetate trihydrate and glacial acetic acid. Hydrochloric acid is added to adjust pH around 4.5-5.5

## **EFFECTS ON VARIOUS SYSTEMS:**

### **1) CARDIO VASCULAR SYSTEM:**

It decreases the heart rate, rate pressure product, cardiac index, systolic blood pressure and ejection fraction. It also decreases the rate of spontaneous phase 4 depolarisation. It has negative chronotropic, inotropic and dromotropic effects. It produces peripheral vasoconstriction due to unopposed alpha effect.

### **2) RESPIRATORY SYSTEM:**

There is no bronchoconstriction since it is a cardioselective beta blocker.



**3) METABOLIC EFFECT:**

It can lead to unrecognized hypoglycemia since tachycardia as a warning sign is blunted. It inhibits uptake of potassium into cells leading to hyperkalemia.

**4) NERVOUS SYSTEM:**

Fatigue and lethargy since it crosses the blood brain barrier.

**5) FETUS:**

Bradycardia, hypotension, hypoglycemia

**6) WITHDRAWAL HYPERSENSITIVITY:**

Acute withdrawal can lead to excess sympathetic nervous system activity in 24-48 hours due to up regulation of beta receptors.

**CONTRA INDICATIONS:**

- 1) Heart block – second and third degree
- 2) Cardiogenic shock-rarely associated with cardiovascular collapse in patients with compensatory tachycardia secondary to hypovolemia, cardiac failure or acute myocardial infarction.

## **ADVERSE EFFECTS:**

Bradycardia, hypotension, deterioration (worsening) of heart failure, rebound ischemia, bronchoconstriction and fatigue.

## **DRUG INTERACTIONS:**

- 1) There is 10-20% increase in digoxin levels.
- 2) Bradycardia and myocardial depression can occur with anaesthetic agents.
- 3) Morphine and Warfarin increase the steady state levels of Esmolol.
- 4) The duration of block by succinyl choline may be prolonged.
- 5) Esmolol should not be concomitantly administered with calcium channel blockers in patients with conduction abnormalities and left ventricular dysfunction.

## **CLINICAL USES:**

- 1) Perioperative beta blockade
- 2) To attenuate intubation response.

3) Class –II anti arrhythmic effect. It is used in treatment of supraventricular

tachycardia , to convert atrial fibrillation to sinus rhythm.

4) To treat hypertension and tachycardia during surgery.

5) Myocardial ischemia

6) Thyrotoxicosis

7) Miscellaneous-glaucoma, prophylaxis of migraine, essential tremor

# **PHARMACOLOGY OF MAGNESIUM SULPHATE**

## **INTRODUCTION:**

Magnesium is the fourth important cation in the body. It is the second most important intracellular cation after potassium.

## **ROLE OF MAGNESIUM:**

- i. Cardiac cell membrane ion transport
- ii. Enzyme activity (ATP)
- iii. Physiological Antagonist of calcium
- iv. Analgesia (Antagonism of NMDA receptors)
- v. Systemic vasodilation
- vi. Coronary vasodilation
- vii. Inhibits platelet function
- viii. Decreases reperfusion injury

## **MECHANISM OF ACTION:**

It is a physiological and pharmacological blocker of N-methyl- D-aspartate receptors in neuronal tissue. It also inhibits calcium mediated neuroendocrine secretion and release of catecholamines.

It potentiates neuromuscular blockade by competing for calcium channels in pre-synaptic nerve terminal and inhibits acetyl choline release at the motor end plate.

**Properties:**

- i. Antagonism of NMDA receptors is used for acute and chronic pain control.
- ii. Used in hypotensive anaesthesia in middle ear surgeries.
- iii. Inhibits catecholamine release in pneumo peritoneum in laparoscopic cholecystectomy.
- iv. Decreased incidence of nausea and vomiting.
- v. Decreased requirement for rescue antiemetics.
- vi. Decreased incidence of post operative shivering.
- vii. Decreased anaesthetic requirement.
- viii. Myocardial protection.
- ix. Improved control of asthma.
- x. Used in tocolysis.
- xi. Management of intra operative hypertensive events.

## **HYPOMAGNESEMIA:**

Serum concentration is less than 1.6meq/litre.

### **Causes:**

- i. Chronic alcoholism
- ii. Hyperalimentation
- iii. Malabsorption
- iv. Diuretic therapy
- v. Drugs-cyclosporine
- vi. Hypokalemia

### **Symptoms of hypomagnesemia:**

- Neuromuscular manifestations resembling hypocalcemia like stridor, chvosteks sign, carpopedal spasm, trousseau's sign
- Skeletal muscle weakness
- Ventricular dysrhythmias

**Treatment:**

Magnesium Sulphate 1-2 g IV over 5-60 minutes

**HYPERMAGNESEMIA:**

Serum concentration of Magnesium  $>2.6\text{mEq/litre}$ .

**Cause:**

- 1) Parenteral Magnesium to treat PIH
- 2) Chronic renal failure

**Symptoms:**

1. Sedation
2. Myocardial depression
3. Suppression of neuromuscular transmission
4. Direct relaxant effect on skeletal and smooth muscle
5. Potentiation of non depolarizing muscle relaxants
6. Diminished deep tendon reflexes when serum Magnesium  $>10\text{mEq/litre}$
7. Skeletal muscle paralysis, apnea and heart block when serum Magnesium  $>12\text{mEq/litre}$

**Treatment:**

- 1) IV Fluids
- 2) Drug induced diuresis
- 3) 10% Calcium gluconate 10-15mg/kg IV

**CLINICAL USES OF MAGNESIUM:**

- 1) Pregnancy induced hypertension

Initial dose is 40-60mg/kg IV followed by an infusion 15-30mg/kg/hr to maintain therapeutic serum concentration of 4-6mEq/litre. In eclampsia it produces cerebral vasodilation, protects the blood brain barrier and has anticonvulsant properties.

Normal serum concentration---1.8-2.5mEq/l

Therapeutic level---4-7mEq/l

Loss of patellar reflex---7-10mEq/l

Respiratory depression---10-13mEq/l



Heart block---15-25mEq/l

Cardiac arrest--- >25mEq/l

2) Treatment of cardiac dysrhythmias and hypertension:

Initial dose of 2g IV administered over 5 minutes followed by infusion

1-2g/hour.

3) Cardioprotective effects

Used in patients who develop torsades de pointes type of ventricular tachycardia following acute myocardial infarction. In the cardiovascular system it produces arteriolar vasodilation, minimal venodilation, maintains cardiac filling and cardiac output.

4) Trial use in catecholamine excess states like pheochromocytoma and tetanus where magnesium limits catecholamine release are being tried.

## **CONTRAINDICATIONS:**

- 1) Renal failure-since magnesium is excreted by the kidneys
- 2) Digitalis use
- 3) In patients on CNS depressants

## **REVIEW OF LITERATURE**

**KING et al.**, in 1951, showed that there was a marked rise in blood pressure and heart rate during laryngoscopy which was due to the mechanical stimulation of sensitive receptors in the area of epiglottis.

**SANTHOSH KUMAR ,SAPNA BATHLA et al <sup>4</sup>**,in 2003, compared the efficacy of intravenous Esmolol, Magnesium Sulphate and Diltiazem in attenuating hemodynamic stress response to laryngoscopy and intubation.

### **Method:**

One hundred and ninety normotensive patients of ASA PS I and II, 15-55 years were randomized into four groups placebo, Esmolol, Magnesium Sulphate and Diltiazem.They were premedicated with Injection Glycopyrrolate and Diazepam forty five minutes before surgery. Anaesthesia was induced with Thiopentone and vecuronium. Esmolol 2mg/kg or Diltiazem 0.2mg/kg and Magnesium Sulphate 60mg/kg were given one minute after vecuronium and intubation was done two minutes

after the drugs. Blood pressure and heart rate were measured baseline, after drug, immediately after intubation, one minute, three minutes and five minutes after intubation

### **Conclusion:**

Magnesium Sulphate produced tachycardia and fails to attenuate rise in heart rate. Esmolol prevented rise in heart rate, though rise in blood pressure was suppressed and not prevented by this dose of Esmolol.

**MICHAEL F M JAMES**<sup>5</sup> et.al<sup>5</sup>, in 1989, showed that IV Magnesium Sulphate inhibits catecholamine release associated with tracheal intubation.

### **Method:**

Thirty patients of ASA PS I and II, 15-51 years old were divided into two groups placebo and Magnesium Sulphate. They were premedicated with Diazepam 10mg. Anaesthesia was induced with Thiopentone and MgSO<sub>4</sub> 60mg/kg or normal saline was given. Succinylcholine was given and patient was intubated. Blood pressure, heart rate, serum magnesium and catecholamine levels were measured upto five minutes after intubation.

**Result:**

Magnesium Sulphate 60mg/kg pretreatment increased the heart rate by  $13 \pm 3.9$  beats/min. After intubation heart rate was unchanged in MgSO<sub>4</sub> group but increased in control group. Norepinephrine and epinephrine levels increased significantly in control group compared to MgSO<sub>4</sub> group. Blood pressure was also significantly elevated in the control group.

**Conclusion:**

Magnesium Sulphate significantly attenuated catecholamine mediated stress response.

**A.A.VANDENBERG et al <sup>1</sup>**, in 1997, compared Magnesium Sulphate, Esmolol, Lignocaine, Nitroglycerine and placebo for attenuation of hemodynamic responses to noxious stimuli in patients undergoing cataract surgery.

**Method:**

100 middle age to elderly patients with diabetes, hypertension or ischemic heart disease coming for cataract surgery were given Magnesium sulphate 40 mg/kg, Lignocaine 1.5mg/kg, Nitroglycerine 7.5 microgm/kg and Esmolol 4 mg /kg at induction of anaesthesia. Heart rate, blood pressure, rate pressure product and pressure rate quotient were measured until five minutes after intubation.

**Result:**

Esmolol prevented increase in heart rate and rate pressure product. Magnesium did not prevent response to laryngoscopy and intubation and there was increase in rate pressure product.

**JUHI SHARMA et al**<sup>2</sup> in 2006, compared efficacy of Esmolol and Magnesium Sulphate in attenuating pressor response to intubation in controlled hypertensive patients.

**Method:**

Sixty ASA II patients 45-65 years with controlled hypertension for elective surgery were allotted into three groups. They received MgSo4

40mg/kg, Esmolol 1.5mg/kg or Placebo. Anaesthesia was induced with Thiopentone and succinylcholine 1.5mg/kg. Heart rate and blood pressure was measured upto five minutes after intubation.

**Result:**

There was no significant difference in systolic and diastolic blood pressure between MgSo4 and Esmolol group. There was significant rise in heart rate in MgSo4 group.

**D.LEE et al** <sup>30</sup> in 2009, showed that magnesium Sulphate attenuates blood pressure response during laparoscopic cholecystectomy.

**Method:**

Thirty two patients undergoing laparoscopic cholecystectomy were divided into two groups placebo and MgSo4 50mg/kg. Arterial pressure, heart rate, serum magnesium, plasma renin activity, cortisol, vasopressin and catecholamine levels were measured.

**Result:**

Blood pressure, norepinephrine and epinephrine levels increased in placebo group. There was no significant difference in renin and cortisol levels.

**Conclusion:**

Magnesium Sulphate attenuates blood pressure response due to decreased release of vasopressin and catecholamine levels.

**R. W. ALLEN et al**<sup>6</sup>, in 1990, studied attenuation of pressor response to tracheal intubation in 69 patients with moderate to severe gestational proteinuric hypertension with lignocaine, Alfentanil and magnesium sulphate. No mean increase in systolic blood pressure occurred in MgSO<sub>4</sub> group.

**D.H. LEE et al**<sup>8</sup> in 2009, showed that MgSO<sub>4</sub> as an adjuvant during general anaesthesia for caesarean section avoided perioperative awareness and pressor response from inadequate analgesia.



**K.PASTERNAK et al <sup>9</sup>** in 2006, showed the effect of preoperative Magnesium supplementation in CABG patients. Magnesium attenuates adrenergic response to intubation.

**B.UGUR et al <sup>10</sup>** in 2007, showed that Esmolol 1.5 mg/kg prevents tachycardia and increase in rate pressure product caused by laryngoscopy and intubation in patients with tachycardia.

**J.H.RYU et al <sup>11</sup>** in 2009, showed that MgSO<sub>4</sub> provided adequate hypotensive anaesthesia and favourable post operative course with better analgesia , less shivering and less postoperative nausea and vomiting in middle ear surgeries.

**E.FIGUEREDO et al <sup>12</sup>** in 2001, did a meta analysis on the assessment of efficacy of various doses and regimes of Esmolol on haemodynamic changes induced by laryngoscopy and tracheal intubation. Various trials were performed and they measured heart rate, systolic blood pressure, diastolic blood pressure and mean arterial blood pressure preinduction, immediately prior to intubation and post intubation. They showed that

Esmolol is effective for attenuation of adrenergic response and preferred to use it as a continuous infusion. The most effective dose was loading dose of Esmolol 500microgm/kg/min followed by an infusion of 200-300microgm/kg/minute.

**K.MONTAZERI et al** <sup>13</sup> in 2005, showed that pre treatment with different doses of MgSO<sub>4</sub> decreased cardiovascular responses to laryngoscopy and intubation than lignocaine.

**A.GUPTA et al** <sup>3</sup> in 2009, compared Esmolol and MgSO<sub>4</sub> for attenuation of stress response to laryngoscopy and intubation.

**Method:**

Sixty ASA I and II patients 20-40 years, were divided into three groups placebo, Esmolol 1.5mg/kg and Lignocaine 1.5mg/kg. Anaesthesia was induced with Thiopentone and Succinylcholine. Blood pressure and heart rate was measured upto five minutes after intubation.

**Result:**

Esmolol showed greater attenuation of heart rate and blood pressure than lignocaine.

**MICHAEL.F.JAMES et al** <sup>32</sup>in 2005, compared Remifentanil and MgSo<sub>4</sub> for attenuation of hemodynamic response to electro convulsive therapy.

**Method:**

Twenty patients underwent anaesthesia 115 times and were allotted into three groups placebo, Magnesium Sulphate and Remifentanil. Anaesthesia was induced with Thiopentone 4mg/kg and Succinylcholine 0.5mg/kg. Remifentanil 1microgm/kg and MsSo<sub>4</sub> 30mg/kg were given. Heart rate and blood pressure was measured 0,1, 3, 5,10 minutes after seizures.

**Conclusion:**

They concluded that Remifentanil and Magnesium Sulphate attenuated systolic blood pressure response to ECT. Remifentanil but not Magnesium Sulphate suppressed heart rate response to electro convulsive therapy.

**RENITA MARINA PINTO et al** <sup>31</sup> in 2007, compared hemodynamic stress response to laryngoscopy and intubation in hypertensive patients. Esmolol 2mg/kg and Magnesium Sulphate 50mg/kg was used. They concluded that both attenuated pressor response in well controlled hypertensive patients and that both are safe and effective.

**DILIP KOTHARI et al** <sup>15</sup> in 2008, compared efficacy of intravenous MgSo4 and fentanyl on circulatory changes during anaesthesia. They concluded that there was significant increase in heart rate after injection. They said that magnesium is a cheap alternative to fentanyl.

**A.AHMED et al** <sup>17</sup> in 2009, showed that MgSo4 50mg/kg attenuates stress response to laryngoscopy and intubation.

**SHARMA et al** <sup>23</sup> in 1996, compared various doses of Esmolol like 100 and 200 mg in attenuating stress response to laryngoscopy and intubation in hypertensive patients. They concluded that Esmolol 200mg

produced diastolic blood pressure less than baseline values and Esmolol 100mg is safe.

**FUGHS et al** <sup>29</sup> in 1995, studied the interaction of Magnesium Sulphate with vecuronium induced neuromuscular block. They allocated patients into two groups. One group received Magnesium Sulphate 40mg/kg in 100 ml saline as an infusion over ten minutes before induction and the other group received 100ml of saline as a placebo.

**Observation:**

Plasma magnesium concentrations increased from a baseline concentration

of 0.9(0.06) to 1.08 (0.07) mmol/ litre 15 min after the MgSO<sub>4</sub> infusion (P < 0.05); in controls plasma magnesium concentrations were 0.86 (0.08) mmol/ litre before and 0.87 (0.6) mmol/l after saline infusion. A hot flush of the lower abdomen was reported by 21 of the 55 patients.

**Conclusion:**

They concluded that MgSO<sub>4</sub>, administered before vecuronium, accelerated the onset of neuromuscular block necessary for intubation of the trachea, that MgSO<sub>4</sub> in the presence of vecuronium intensified and

prolonged neuromuscular block, and that monitoring of neuromuscular function and reduction in dose of vecuronium are required when using these two drugs in combination.

## **MATERIALS AND METHODS**

Ninety patients of ASA physical status I and II undergoing elective ENT surgeries under general anaesthesia with endotracheal intubation were included in the study.

Patients in the age group 15-60 years of both sexes were included. It is a prospective randomized single blinded study. The study was approved by our institute ethical committee and after obtaining informed written consent from the patient, this study was conducted.

This study was done during the period from September 2012 to November 2012, in the Institute of Anaesthesiology and critical care, Rajiv Gandhi Government General Hospital, Chennai -600003.

### **INCLUSION CRITERIA:**

- Age :15 – 60 years
- ASA : I & II
- Surgery : Elective ENT surgery
- Who have given valid informed consent.

**EXCLUSION CRITERIA:**

- Not satisfying inclusion criteria.
- Patients with anticipated difficult intubation
- Uncontrolled hypertension and diabetes
- History of cardiac illness
- Neuromuscular disorders
- Hepatic disease
- Renal disease
- known sensitivity to the drugs
- cerebrovascular disease
- Emergency surgery
- Bronchial asthma
- Patients on alpha and beta blockers

**Materials:**

- Laryngoscope blades of various sizes, bougie, oropharyngeal airway
- Drugs – Propofol, Sevoflurane, Fentanyl, Glycopyrrolate, Midazolam, Normal saline, Vecuronium, Ephedrine, Atropine, Esmolol Magnesium Sulphate, Neostigmine, Calcium gluconate and other emergency drugs.



- Monitors – ECG, NIBP, SPO2, EtCO2
- 2 cc, 5 cc and 10 cc syringes
- 18G intravenous cannula.
- Appropriate size endotracheal tubes

## **METHODS:**

### **Pre anaesthetic preparation:**

All the patients were admitted in the wards as inpatients and routine investigations were done.

- i. Complete blood count
- ii. Blood urea and sugar
- iii. Serum creatinine and electrolytes
- iv. chest x-ray
- v. Electrocardiogram
- vi. Other investigations like liver function test and coagulation profile were asked for if needed.

**Anaesthetic Protocol:**

Pre operative visit was done to allay the anxiety of the patients and good rapport was established with the patients.

All patients were given pre operative night sedation with tablet Alprazolam 0.25mg.

Tablet Ranitidine 150mg and tablet Metoclopramide 10mg was given with sips of water at 6 AM.

**Monitors:**

Induction of anaesthesia was standardized for all patients. Monitors used were NIBP, ECG, EtCo<sub>2</sub> and pulse oximetry.

**METHOD:**

90 patients of age group 15 to 60 yrs of ASA physical status I and II who underwent elective ENT surgery under general anesthesia were selected and randomly allocated into 3 groups. Baseline heart rate and blood pressure was measured. They were premedicated with Inj.Glycopyrrolate 0.2mg and Inj.Midazolam 0.04mg/kg intramuscular 45 minutes before surgery. Patients were then shifted into the theatre. Inj.

Fentanyl 2µg/kg was given 5 minutes before intubation to all patients. They were induced with Inj. Propofol 2mg/kg and Vecuronium 0.1mg/kg. Nitrous oxide and Oxygen in a ratio of 66:33 and Sevoflurane 2% was given to the patient.

Group E received Esmolol 1.5mg/kg in 15ml normal saline over 15-20 seconds one minute after vecuronium and intubation was done after 2 minutes.

Group M received Inj. Magnesium Sulphate 50mg/kg in 100ml of normal saline infusion over 10 minutes before induction.

Group P received 15ml of normal saline 5 minutes before induction.

The heart rate, systolic and diastolic blood pressure and mean arterial pressure were recorded baseline, after premedication, one min after test drug, after induction, immediately after intubation, thereafter 1, 3 and 5 minutes following intubation. Laryngoscopy duration and Cormack Lehane score were noted. Any incidence of hypotension, bradycardia or arrhythmias was noted.

No surgical stimulation or change in position was permitted for five minutes after intubation. Anaesthesia was maintained with N<sub>2</sub>O:O<sub>2</sub> in a ratio of 66:33 , vecuronium 0.01mg/kg and sevoflurane 1-2% as needed.

All patients were reversed with Inj. Glycopyrrolate 0.01mg/kg and Neostigmine 50microgm/kg and extubated after reversal of neuromuscular blockade.

**PRIMARY OUTCOME MEASURES:**

- Heart rate, systolic blood pressure , diastolic blood pressure, mean arterial pressure

**DATA ANALYSIS:**

ANOVA and Pearson chi square test were used. A p value of  $<0.05$  was considered as statistically significant. Tukey's HSD was used to compare between the groups.

## OBSERVATIONS AND RESULTS

Ninety patients under this study were allotted into three groups,

Group P- Placebo

Group E- Esmolol

Group M Magnesium sulphate

With thirty patients in each group. They comprised of both sexes in the age group 15-60 years. The demographic profile is as follows,

Characteristics		Group P	Group E	Group M
Age (yrs)		29.7±10.06	26.53±9.32	31.13±9.20
Sex	Male	11	13	11
	Female	19	17	19
Weight (kg)		56.27±8.09	52.93±10.65	52.67±8.92

### Age group (Years)

Group	N	Mean	SD	ANOVA
P	30	29.70	10.06	F = 1.829 p = 0.167
E	30	26.53	9.32	
M	30	31.13	9.20	

In group P, the mean age was  $29.7 \pm 10.06$ , ranging from 16-52 yrs. In group E, the mean age was  $26.53 \pm 9.32$ , ranging from 15-60 yrs. In group M, the mean age was  $31.13 \pm 9.20$ , ranging from 16-45 yrs.

The p value is 0.167. Hence there is no statistical significance in age between the three groups (p value of significance is  $< 0.05$ )

### Sex Distribution

Sex	Group P	Group E	Group M	Total	p = 0.829
Male	11	13	11	35	
Female	19	17	19	55	
Total	30	30	30	90	

By Pearson Chi square test  $p = 0.829$ . Hence there is no statistical significance in sex between the three groups.



### Weight Distribution (kg)

Group	N	Mean	SD	ANOVA
P	30	56.27	8.09	F = 1.401 p = 0.252
E	30	52.93	10.65	
M	30	52.67	8.92	

In group P, the mean weight was  $56.27 \pm 8.09$ , ranging from 38-71kg. In group E, the mean weight was  $52.93 \pm 10.65$ , ranging from 35-70kg. In group M, the mean weight was  $52.67 \pm 8.92$ , ranging from 35-74kg.

p value = 0.252. Hence there is no statistical significance in weight distribution between the three groups.

## Baseline Hemodynamic Parameters

### Basal Heart rate (beats/min)

Group	N	Mean	SD	ANOVA
P	30	79.80	14.44	F = 3.690 p = 0.112
E	30	86.67	9.79	
M	30	81.47	14.47	

p value = 0.112. Hence there is no statistical significance in basal heart rate between the three groups.

**Basal systolic pressure (mmHg)**

<b>Group</b>	<b>N</b>	<b>Mean</b>	<b>SD</b>	<b>ANOVA</b>
P	30	125.73	10.72	F = 0.690 p = 0.504
E	30	123.13	8.69	
M	30	125.90	11.12	

p value = 0.504. Hence there is no statistical significance in basal systolic pressure between the three groups.

**Basal diastolic pressure (mmHg)**

<b>Group</b>	<b>N</b>	<b>Mean</b>	<b>SD</b>	<b>ANOVA</b>
P	30	81.33	6.70	F = 0.348 p = 0.707
E	30	80.00	6.50	
M	30	81.33	8.12	

p value = 0.707. Hence there is no statistical significance in basal diastolic pressure between the three groups.

**Basal mean arterial pressure (mmHg)**

<b>Group</b>	<b>N</b>	<b>Mean</b>	<b>SD</b>	<b>ANOVA</b>
P	30	95.93	7.46	F = 0.613 p = 0.544
E	30	94.07	6.60	
M	30	96.00	8.81	

p value = 0.544. Hence there is no statistical significance in basal mean arterial pressure between the three groups.

### HEART RATE CHANGES (beats / min)

Group	P	E	M	p Value
Baseline	79.80±14.44	86.67±9.79	81.47±14.47	0.112
After Premedication	79.83±13.05	86.63±14.30	84.53±16.50	0.191
After Test Drug	77.30±11.30	77.70±13.14	93.27±18.45	0.001
After Induction	72.27±13.26	82.20±15.00	78.33±11.31	0.017
Immediately After Intubation	103.63±12.31	90.67±13.93	97.40±12.57	0.001
1 minute After Intubation	95.87±12.86	87.27±13.48	92.97±10.38	0.026
3 minutes After Intubation	87.83±12.50	84.30±12.79	90.07±9.82	0.167
5 minutes After Intubation	81.73±13.66	81.60±13.31	86.00±9.61	0.296

### SYSTOLIC BLOOD PRESSURE CHANGES (mmHg)

Group	P	E	M	p Value
Baseline	125.73±10.72	123.13±8.69	125.90±11.12	0.504
After Premed	123.47±10.54	120.67±9.05	120.30±9.56	0.391
After Test Drug	118.70±13.64	100.10±9.60	112.27±11.65	0.001
After Induction	109.97±13.63	107.70±9.23	98.97±9.74	0.001
Immediately After Intubation	138.57±17.25	114.43±8.76	124.90±17.76	0.001
1 minute After Intubation	128.73±17.04	107.60±9.23	116.80±15.66	0.001
3 minutes After Intubation	119.13±16.16	102.60±9.61	109.80±14.75	0.001
5 minutes After Intubation	111.23±14.34	100.20±9.44	105.47±10.84	0.002

### DIASTOLIC BLOOD PRESSURE CHANGES (mmHg)

Group	P	E	M	p Value
Baseline	81.33±6.70	80.00±6.50	81.33±8.12	0.707
After Premed	78.40±6.89	76.33±5.82	77.30±8.61	0.541
After Test Drug	76.93±7.38	61.90±8.22	69.70±9.63	0.001
After Induction	71.27±10.28	67.63±8.05	59.30±9.79	0.001
Immediately After Intubation	93.60±12.49	74.73±8.29	83.13±16.74	0.001
1 minute After Intubation	85.77±12.16	67.53±9.97	76.17±15.94	0.001
3 minutes After Intubation	79.80±12.27	62.63±10.19	71.07±14.29	0.001
5 minutes After Intubation	72.63±10.20	60.00±9.93	67.10±12.20	0.001



### MEAN ARTERIAL PRESSURE CHANGES (mmHg)

Group	P	E	M	p Value
Baseline	95.93±7.46	94.07±6.60	96.00±8.81	0.544
After Premed	93.20±7.49	90.63±6.76	91.30±8.73	0.412
After Test Drug	90.77±8.56	74.30±7.78	83.30±9.84	0.001
After Induction	84.00±10.36	81.00±7.34	72.23±9.34	0.001
Immediately After Intubation	108.10±14.19	87.70±8.01	96.87±16.72	0.001
1 minute After Intubation	100.10±13.49	80.67±9.19	89.97±15.64	0.001
3 minutes After Intubation	92.77±13.17	75.70±9.01	84.00±13.79	0.001
5 minutes After Intubation	85.30±11.17	73.30±8.69	79.50±10.73	0.001

### MMS GRADE(MODIFIED MALLAMPATTI SCORE)

Grade	Group P	Group E	Group M	Total	Chi Square Test
I	22	24	24	70	p = 0.695
II	7	6	6	19	
III	1	0	0	1	
Total	30	30	30	90	

### CORMACK LEHANE GRADE

Grade	Group P	Group E	Group M	Total	Chi Square Test
I	27	22	19	68	p = 0.166
II a	3	6	8	17	
II b	0	2	3	5	
Total	30	30	30	90	

## LARYNGOSCOPY DURATION

Group	N	Mean	SD	ANOVA
P	30	13.23	2.34	F = 1.070
E	30	12.87	2.45	p = 0.348
M	30	13.83	2.93	

## SIDE EFFECTS

### HYPOTENSION

Grade	Group P	Group E	Group M	Total	Chi Square Test
Yes	0	1	4	5	p = 0.133
No	30	29	26	85	
Total	30	30	30	90	

### BRADYCARDIA

Grade	Group P	Group E	Group M	Total	Chi Square Test
Yes	0	1	1	2	p = 0.600
No	30	29	29	88	
Total	30	30	30	90	

## **ARRHYTHMIA**

<b>Grade</b>	<b>Group P</b>	<b>Group E</b>	<b>Group M</b>	<b>Total</b>
Yes	0	0	0	0
No	30	30	30	90
Total	30	30	30	90

**There was no incidence of laryngospasm, bronchospasm or prolongation of neuromuscular blockade.**

## DISCUSSION

Laryngoscopy and intubation can produce haemodynamic stress response characterised by hypertension and tachycardia. It can also produce increase in intracranial pressure. No drug can attenuate this response completely. Many drugs have been reported to attenuate this response.

**A.A.Vandenberg et al**<sup>1</sup> in October 2003, studied attenuation of haemodynamic response in Magnesium Sulphate pretreated patients undergoing cataract surgery. They compared Esmolol and MgSO<sub>4</sub>. They concluded that Esmolol 4mg/kg prevented increase in heart rate and rate pressure product. Mg SO<sub>4</sub> 40 mg/kg did not prevent response to laryngoscopy and intubation.

**SapnaBathla, Santhoshkumar et al**<sup>4</sup> in 2003, compared efficacy of IV Esmolol Diltiazem and Magnesium Sulphate, in attenuating haemodynamic stress response to laryngoscopy and intubation. Their study showed that MgSO<sub>4</sub> produced tachycardia and failed to attenuate rise in heart rate. Esmolol prevented rise in heart rate though rise in blood pressure was suppressed but not prevented.

In our study, comparison of Esmolol 1.5mg/kg, MgSo4 50mg/kg and placebo was done in attenuating haemodynamic stress response to laryngoscopy and intubation. The data was analysed using Microsoft Excel. Haemodynamic variables were represented by mean and standard deviation. Statistical significance was assessed by use of ANOVA and Pearson chi square test. TUKEYS HSD was applied to evaluate inter group comparisons .

P value less than 0.05 was considered as statistically significant.

## HEART RATE CHANGES:

The baseline heart rate of all groups did not have any statistical significance since p value was 0.112.

After the test drug there was significant decrease in heart rate in Esmolol group compared to the placebo, whereas there was increase in heart rate in Magnesium sulphate group. This result was also observed by **M F M James et al** <sup>5</sup> in 1989 which showed that Magnesium sulphate pretreatment increased heart rate by  $13 \pm 3.9$  beats per minute. In our study heart rate increased by  $11.8 \pm 3.98$  beats per minute.

After induction heart rate in all three groups reduced significantly compared to baseline.

Immediately after intubation, heart rate increased in all three groups.  $p=0.001$ (statistically significant). But Esmolol group produced just a little increase in heart rate ( $4 \pm 4.4$  beats/min). Esmolol produced least increase in heart rate compared to baseline.



Both MgSO<sub>4</sub> and placebo group produced increase in heart rate response but by Tukey HSD it was not significant since both groups had increased heart rate by approximately 15-20 beats from baseline.

One minute after intubation heart rate increased significantly between the groups.  $p=0.026$ . Esmolol produced least increase in heart rate. Both group P and M produced increase in heart rate but by Tukey HSD it was not significant.

Three minutes after intubation, heart rate between the groups was not statistically significant.  $p=0.167$ . In Group E heart rate decreased to less than baseline. Heart rate changes between group P and E was not significant, but between P and M and group E and M it was significant. Heart rate continued to be high in group M.

At five minutes after intubation, there was no statistical difference  $p=0.296$ . The mean heart rate in Group E was less than baseline but marginally elevated in group P and M.

**Juhi Sharma et al**<sup>2</sup> when comparing Esmolol and Magnesium Sulphate in attenuating pressor response in controlled hypertensive patients stated that Magnesium Sulphate produces increase in heart rate.

**G.D. Puri et al**<sup>16</sup> showed increase in heart rate after MgSO<sub>4</sub> injection and further Increase with intubation in MgSO<sub>4</sub> pretreated coronary artery disease patients.

**B.Ugur et al**<sup>10</sup> in 2007, showed that Esmolol 1.5mg/kg prevented tachycardia and increase in rate pressure product caused by laryngoscopy and intubation in patients with tachycardia.

This result was in accordance with **A.Gupta et al**<sup>3</sup> in 2009 who showed greater attenuation of heart rate and blood pressure response with Esmolol 1.5mg/kg than Lignocaine.

In this study, Esmolol produced least increase in heart rate. Even three minutes after intubation the heart rate continued to be high in group M.

The heart rates started coming towards baseline value five minutes after intubation.

## **SYSTOLIC BLOOD PRESSURE CHANGES**

The baseline systolic blood pressure between the three groups was not statistically significant  $p=0.504$ .

After test drug there was significant fall in blood pressure between the three groups  $p=0.001$ . Group E produced the maximum fall in SBP followed by group M and P. There was no significance between group P and M. But there was significance between group P and E and group E and M.

After induction there was significant fall in BP between the three groups  $p=0.001$ .

Immediately after intubation there was significant in SBP changes between the groups.  $p=0.001$ . Group E produced fall in SBP compared to baseline. In group M the systolic blood pressure was comparable to the baseline and in group P it was higher than the baseline.

One minute after intubation, systolic blood pressure was decreased in group E and M. Group E produced more fall in BP than group M. There was statistical significance between the three groups  $p=0.001$ .

Three minutes after intubation there was significant change in SBP between the groups.  $p=0.001$ . There was no significance between Group E and M but there was significance between group P and E and group P and M. In group E there was significant fall in BP compared to the other groups.

Five minutes after intubation, there was significance in SBP changes between the groups  $p=0.001$ . There was statistical significance between group P and E but no significance between group P and M and group E and M.

These results are in accordance with **A.Rathore et al**<sup>27</sup> who stated that Esmolol 150mg caused significant blunting of rise in systolic blood pressure. But in this study we used Esmolol 1.5mg/kg which was enough to blunt intubation response.

**Sharma et al** <sup>23</sup> showed that Esmolol 100mg was safe to blunt hemodynamic stress response.

**R.W.Allen et al** <sup>6</sup> in 1990, showed no mean increase in systolic blood pressure to tracheal intubation in hypertensive proteinuric pregnant patients given Magnesium Sulphate.

Overall Group M showed less hypertensive response compared to group P, but group E had the least hypertensive response.

## **DIASTOLIC BLOOD PRESSURE CHANGES**

The baseline diastolic blood pressure between the three groups was not statistically significant  $p=0.707$ .

After test drug, there was significant fall in BP between the three groups.  $p=0.001$

After induction, Magnesium Sulphate produced more fall in diastolic blood pressure than Esmolol. There was statistical significance between group P and M and between group E and M.

Immediately after intubation, one minute, three minutes and five minutes after intubation there were significant changes in diastolic blood pressure between the groups  $p=0.001$ . Diastolic blood pressure was increased more in group P and to a less extent in group M, but Group E showed fall in BP compared to the baseline.

**K.Montazeri et al** <sup>13</sup>, showed that pretreatment with different doses of Magnesium Sulphate suppressed blood pressure response to laryngoscopy and intubation.

**A.Ahmed et al** <sup>17</sup>., showed that MgSo4 50mg/kg attenuated stress response to laryngoscopy and intubation.

**Juhi Sharma et al** <sup>2</sup> stated that there was no significant difference in systolic and diastolic blood pressure between MgSo4 and Esmolol group.

Thus this study showed that Esmolol and Magnesium Sulphate produced significant fall in diastolic blood pressure after induction and intubation compared to placebo group.



## MEAN ARTERIAL PRESSURE CHANGES

The baseline mean arterial blood pressure between the three groups was not statistically significant  $p=0.544$

After test drug, there was statistical significance of fall in mean arterial pressure between the three groups.  $p=0.001$

After induction, group M produced more fall in BP than group E and P.

Immediately after intubation, one minute and three minutes after intubation there were significant changes in mean arterial blood pressure between the groups  $p=0.001$ . Fall in mean arterial blood pressure was more in group E followed by group M. In group P there was an increase in MAP.

**K.Pasternak et al**<sup>9</sup>, showed that Magnesium Sulphate attenuated adrenergic response to tracheal intubation in CABG patients.

**Sharma et al**<sup>23</sup> showed that Esmolol 200mg blunts hemodynamic stress response to tracheal intubation in treated hypertensive patients and the hemodynamic variables were lower than the basal values. Since our study was conducted on non hypertensive patients Esmolol 1.5mg/kg was sufficient to blunt stress response and produced hemodynamic variables lower than baseline values.

**Tetsuro Kagawa et al**<sup>28</sup>.,showed that IV MgSo4 significantly suppressed mean arterial pressure and rate pressure product at the time of tracheal intubation. They also stated that no sedative effect was observed. Even in our study we observed no sedative effect in group M patients.

Five minutes after intubation, there was statistical significance in mean arterial pressure changes between the groups . $p=0.001$ . By Tukey's HSD there was significance between group P and E but no significance between group E and M or group P and M. Group E had MAP less than the baseline.

Esmolol and Magnesium Sulphate produced significant fall in mean arterial pressure compared to placebo group.

## **SIDE EFFECTS**

One patient in group E and four patients in group M had hypotension ( $\text{MAP} < 60 \text{ mmHg}$ ). One patient in group M and one patient in group E had bradycardia ( $\text{HR} < 60/\text{min}$ ). There were no incidences of bronchospasm or laryngospasm and arrhythmia in any group. There were no cases of prolonged neuromuscular blockade or delayed recovery in any group. One patient in group M had complaints of hot flush in the lower abdomen when Magnesium Sulphate was being infused which was also observed in the study by **Fughes et al.**

This study shows that Esmolol attenuates increase in heart rate and blood pressure following laryngoscopy and intubation. Magnesium Sulphate is also useful in attenuating blood pressure changes but produces tachycardia. Hence Esmolol is useful in attenuating stress response followed by Magnesium Sulphate compared to a placebo.

## SUMMARY

This randomized prospective single blinded study was designed to evaluate efficacy of Esmolol and Magnesium sulphate in attenuating hemodynamic stress response to laryngoscopy and intubation .Ninety patients of ASA PS I and II were randomly allocated into three groups of thirty each.

P---received normal saline

E—Esmolol 1.5mg/kg

M—Magnesium Sulphate 50mg/kg

The following observations were made

- 1) Group E showed maximum attenuation of heart rate and blood pressure.
- 2) Group M also showed significant attenuation of blood pressure response but produced tachycardia on infusion of the drug. Heart rate response was not statistically significant compared to group E.
- 3) All patients recovered well.
- 4) Incidence of side effects was not significant between the groups.

## **CONCLUSION**

From this study, it is concluded that hemodynamic changes to laryngoscopy and intubation can be attenuated by giving intravenous Esmolol 1.5mg/kg.

Esmolol is effective in blunting the response followed by Magnesium Sulphate which blunts the hypertensive response but produces tachycardia during infusion of the drug.

Placebo was ineffective in blunting hemodynamic stress response to laryngoscopy and intubation.

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COMPARISON OF ESMOLOL AND MAGNESIUM SULPHATE FOR ATTENUATION OF HEMODYNAMIC STRESS RESPONSE TO LARYNGOSCOPY AND INTUBATION IN ELECTIVE ENT SURGERIES

Dissertation submitted for  
M.D. DEGREE EXAMINATION  
BRANCH - X (Anaesthesiology)



MADRAS MEDICAL COLLEGE  
THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY  
CHENNAI

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ESMOLOL GROUP

NAME	AGE	SEX	WEIGHT	IP NO	BASELINE			
					HR	SBP	DBP	MAP
VIMALKUMAR	21	M	62	61125	78	130	80	97
LAKSHMIKANT	23	M	53	65306	86	120	82	95
AMMU	27	F	60	62668	104	112	80	91
PARIMALA	31	F	68	62557	68	120	78	92
RAMANI	21	M	55	63994	98	130	84	99
INBASEKARAN	31	M	65	58498	84	124	70	89
MYTHILI	20	F	46	62219	82	122	74	90
RAJESWARI	25	F	48	60820	86	126	80	96
GEETHA	22	F	46	62875	104	118	76	87
MUSINAPARVIN	28	F	62	62223	76	102	70	80
PARVIN BANU	22	F	43	63495	90	120	80	93
CHINAPONNU	35	F	50	64993	74	130	90	103
BALACHANDRAN	28	M	58	65027	76	126	84	98
TAMILMOZHI	18	F	37	65691	124	100	70	80
SELVI	38	F	62	66320	90	120	76	91
KALAIVANI	22	F	38	64673	86	116	88	97
NAVINKUMAR	15	M	35	63457	107	130	84	99
UMA	18	F	37	60214	108	122	78	93
MOHANAPRIYA	16	F	37	65785	105	124	84	97
GUNASEKAR	19	M	54	69503	92	134	80	98
NABISHA	27	F	52	70607	102	128	86	100
ELAVARASAN	26	M	66	71868	86	144	100	115
JAYAKUMAR	60	M	70	73577	76	132	80	97
RAJATHI	30	F	45	73479	78	124	78	93
AJITKUMAR	16	M	44	74918	80	128	74	92
RAMESHKUMA	28	M	65	76471	78	116	72	87
NAGAMMAL	38	F	62	73917	86	126	80	95
RAJKUMAR	40	M	64	74570	88	124	82	96
KAVIARASAN	19	M	45	72153	88	126	74	91
SUSEELA	32	F	59	72063	88	120	86	91



AFTER PREMED				AFTER TEST DRUG				AFTER INDUCTION	
HR	SBP	DBP	MAP	HR	SBP	DBP	MAP	HR	SBP
70	117	67		77	69	101	54	66	70
82	118	82		94	71	96	65	75	73
90	113	78		90	93	90	69	76	104
73	124	71		89	58	85	48	60	71
94	124	83		97	71	91	54	66	71
72	126	75		92	64	99	53	68	66
81	113	74		84	67	103	57	71	77
98	124	85		98	83	108	77	87	102
106	111	63		74	92	105	61	73	103
80	96	68		77	67	85	51	62	75
83	112	75		87	73	96	62	73	67
72	128	83		98	74	108	78	88	73
71	125	81		96	69	100	59	73	62
118	119	79		92	109	117	82	94	110
86	118	74		89	67	103	57	72	77
90	119	86		97	84	107	70	82	90
124	131	81		98	107	88	58	68	118
96	120	78		92	89	103	69	80	92
104	120	77		91	91	111	69	83	98
100	142	72		95	75	110	53	72	84
100	121	77		92	99	98	63	75	98
67	143	81		102	67	125	60	82	64
75	126	77		93	58	90	60	70	62
90	126	83		97	71	93	62	72	74
78	124	70		88	84	112	64	80	88
74	110	66		81	80	104	62	76	81
74	120	78		92	71	93	57	69	76
80	120	78		92	72	98	68	78	76
84	114	72		86	74	94	63	73	79
87	116	76		89	82	90	52	65	85

JCTION	IMM AFTER INTUBATION						1`MIN AFTER INTUBAT		
	SBP	DBP	MAP	HR	SBP	DBP	MAP	HR	SBP
	120	65	83	83	83	116	66	76	80
	93	67	76	88	108	77	87	84	108
	94	71	79	105	98	71	80	104	96
	98	57	71	65	112	61	78	63	89
	111	71	84	78	105	69	81	84	105
	114	71	85	68	103	63	76	63	106
	110	57	75	80	107	66	81	78	104
	100	75	83	103	120	87	98	96	100
	102	61	72	108	112	77	87	106	104
	92	57	69	87	110	78	89	86	104
	115	80	92	84	114	72	86	84	97
	120	78	92	80	109	77	88	76	98
	113	66	82	76	114	72	86	76	110
	117	80	92	114	103	67	79	112	100
	110	57	75	80	107	66	80	78	104
	113	75	88	96	115	74	87	88	108
	122	78	93	114	112	68	83	110	106
	102	66	78	104	118	84	95	100	114
	119	74	89	92	111	69	83	92	105
	123	58	80	97	134	73	93	96	133
	111	76	89	110	125	85	98	108	112
	99	54	69	99	136	98	111	83	133
	94	62	73	70	111	74	86	65	109
	106	73	84	76	114	79	91	73	111
	113	69	84	92	122	75	91	88	115
	109	66	80	94	111	66	81	92	108
	107	70	82	91	116	79	91	90	104
	99	69	79	78	127	84	98	74	119
	107	73	84	106	118	81	93	98	107
	98	53	68	102	125	84	98	91	113

PION	3 MIN AFTER INTUBATION				5 MIN AFTER INTUBATION				
	MAP	HR	SBP	DBP	MAP	HR	SBP	DBP	
	53	67	78	94	50	65	76	95	50
	77	87	80	105	71	82	73	102	68
	70	79	103	93	69	77	102	80	56
	41	57	60	90	42	58	57	93	43
	69	81	77	92	62	72	72	92	60
	55	72	64	98	53	64	62	99	52
	53	66	75	101	50	66	74	104	43
	74	83	91	95	70	78	74	96	72
	77	85	102	95	48	61	102	90	42
	73	83	85	97	71	80	83	87	59
	57	69	82	92	54	67	80	94	49
	60	73	75	86	56	66	74	85	56
	66	81	75	105	61	75	74	101	57
	65	77	110	94	59	71	110	89	56
	53	70	75	101	50	67	74	104	53
	64	79	87	103	51	68	86	98	53
	64	78	104	98	63	75	102	97	62
	81	92	102	112	79	90	98	108	75
	69	81	92	106	58	74	90	107	58
	71	92	94	130	56	81	92	125	52
	78	89	98	111	78	89	92	110	73
	83	100	76	118	73	88	67	107	64
	73	85	64	107	73	84	64	106	72
	75	87	72	109	72	84	71	105	71
	65	82	84	111	60	77	78	107	59
	64	79	88	108	66	80	90	107	65
	74	84	84	100	70	80	82	98	68
	81	94	72	118	80	93	69	116	78
	66	80	90	103	65	78	88	105	72
	75	88	90	106	69	81	92	99	62

MAP	MMS	CL GRADE	LARYNOSCOPY	SIDE EFFECTS		
			DURN (secs)	HYPOTENSION	BRADY	ARRHYTH
	65 I	I	16	N	N	N
	79 I	I	11	N	N	N
	64 I	II A	12	N	N	N
	60 I	IIA	13	Y	Y	N
	71 I	I	11	N	N	N
	63 I	I	10	N	N	N
	72 I	I	10	N	N	N
	80 I	I	11	N	N	N
	52 I	I	9	Y	N	N
	68 I	I	13	N	N	N
	64 I	I	10	N	N	N
	66 I	I	13	Y	N	N
	72 I	IIA	12	N	N	N
	67 I	I	12	N	N	N
	70 I	IIA	12	N	N	N
	68 I	I	14	N	N	N
	74 I	I	11	N	N	N
	86 I	I	11	N	N	N
	74 I	I	11	N	N	N
	76 I	I	13	N	N	N
	85 II	IIB	16	N	N	N
	78 II	IIA	18	N	N	N
	83 II	IIB	16	N	N	N
	82 II	I	14	N	N	N
	75 I	I	12	N	N	N
	79 I	I	14	N	N	N
	78 II	I	16	N	N	N
	91 II	IIA	19	N	N	N
	83 I	I	12	N	N	N
	74 I	I	14	N	N	N

SL NO	CONTROL GROUP		AGE	SEX	WEIGHT	IP NO	BASELINE		
	NAME						HR	SBP	DBP
1	MUTHUVEDI		43	F	50	73764	76	120	80
2	BHAVANI		17	F	38	60818	120	122	80
3	ADHIYAMAN		19	M	55	63937	66	136	85
4	KALISHA		40	M	55	65305	52	136	80
5	VENKATESAN		40	M	63	63612	70	122	86
6	SELVI		40	F	57	63174	76	120	82
7	MAGDALINEMARY		32	F	55	63416	88	126	86
8	MUDALIDHARAN		37	M	65	65830	118	140	86
9	MUTHUBHARATHI		28	M	55	67151	88	128	92
10	THIRUMAL		20	M	55	70714	64	142	84
11	BALAJI		17	M	40	70759	66	96	60
12	GEETHA		32	F	57	73083	78	134	82
13	GUNASUNDARI		19	F	51	73595	82	120	72
14	VASANTHI		25	F	64	72061	76	132	80
15	VINODKUMAR		17	M	58	73111	72	120	74
16	SARANYA		18	F	50	79048	64	110	75
17	DEVI		16	F	47	78570	86	126	84
18	SHAHINA		30	F	65	78566	84	126	84
19	SUSEELA		32	F	65	75486	86	144	86
20	SHANTHI		45	F	71	73123	78	143	87
21	VENDA		35	F	50	73081	78	130	84
22	BASHEERA		25	F	45	69849	78	120	80
23	LATHA		33	F	63	78217	78	130	90
24	NAVEENRAJ		18	M	65	80691	88	110	70
25	VIMALA		35	F	58	79023	58	111	77
26	VENNILA		40	F	45	78175	74	126	86
27	LAKSHMI		32	F	62	80144	84	126	84
28	SELVAM		52	M	64	81123	90	130	86
29	MANI		19	M	62	78342	92	128	86
30	BHUVANESWARI		35	F	58	68756	84	118	72

MAP	AFTER PREMED			MAP	AFTER TEST DRUG			MAP	AFTER INDI	
	HR	SBP	DBP		HR	SBP	DBP		HR	
	93	86	117	79	92	78	94	69	77	80
	94	114	120	78	92	99	100	67	78	104
	97	70	135	81	92	63	117	73	85	64
	99	52	134	80	98	56	113	83	93	55
	98	68	114	82	93	58	96	73	81	57
	96	82	115	70	85	71	114	69	84	68
	99	84	130	88	102	78	114	84	94	75
	104	115	135	85	102	109	145	96	112	107
	104	74	127	88	101	75	125	87	100	74
	103	64	136	84	101	67	124	73	90	62
	72	75	95	59	70	74	103	69	80	74
	99	93	129	83	98	92	125	82	96	73
	88	80	120	77	91	74	114	77	89	68
	97	74	130	78	95	74	136	77	97	73
	89	75	125	66	86	76	126	71	89	66
	87	62	105	65	78	60	106	68	81	54
	98	85	121	80	95	84	120	81	95	72
	98	80	127	74	92	78	124	73	90	64
	105	78	145	80	102	74	146	73	97	75
	106	76	142	82	102	75	141	83	102	70
	99	85	125	82	96	79	123	80	94	52
	94	78	119	79	92	83	116	77	90	68
	103	93	122	84	97	89	130	92	105	73
	83	80	110	70	83	76	110	74	86	59
	88	66	112	73	86	72	93	66	75	74
	99	72	122	84	97	74	118	80	93	77
	98	80	124	80	95	78	125	80	95	74
	101	86	124	82	96	85	125	78	94	102
	100	88	124	85	98	90	122	83	96	82
	87	80	120	74	89	78	116	70	85	72

JCTION	IMMED AFTER INTUBATION						1 MIN AFTER INTUBATION			
	SBP	DBP	MAP	HR	SBP	DBP	MAP	HR	SBP	DBP
	94		70	78	93	117	84	95	88	98
	103		69	80	121	121	78	92	120	111
	122		74	85	95	128	86	99	92	127
	114		83	93	85	163	112	129	80	166
	97		74	82	105	147	102	117	83	116
	111		67	82	75	126	81	96	67	101
	112		83	93	120	148	111	123	115	140
	144		96	112	138	158	103	121	128	136
	96		72	80	106	132	95	107	100	130
	102		67	79	92	151	99	116	73	141
	107		65	79	106	115	79	91	100	107
	97		61	73	105	140	98	112	109	140
	109		58	75	87	124	81	95	86	122
	105		64	78	107	146	96	113	94	140
	93		60	71	99	121	76	81	95	107
	93		52	66	108	124	89	101	98	103
	106		74	85	116	150	108	122	98	150
	116		70	85	104	150	108	122	98	141
	128		59	82	99	153	92	112	92	135
	136		90	105	99	182	106	131	92	155
	117		66	83	117	163	110	128	100	153
	108		72	84	98	127	82	96	84	119
	110		77	88	105	160	119	133	97	133
	110		65	80	104	117	72	87	107	117
	94		66	75	112	116	92	100	110	125
	93		68	76	97	124	81	95	101	121
	122		76	91	104	138	96	110	97	145
	136		94	108	92	128	82	97	88	120
	118		78	91	116	144	98	113	94	131
	106		68	81	104	144	92	109	90	132

3 MIN AFTER INTUBATION				5 MIN AFTER INTUBATION				MMS	
MAP	HR	SBP	DBP	MAP	HR	SBP	DBP	MAP	
	80	93	98	72	81	96	101	72	82 I
	86	117	107	71	83	116	104	69	81 I
	97	84	117	68	81	67	100	60	71 I
	130	78	157	109	125	73	136	88	104 II
	96	73	99	75	83	64	91	69	76 III
	77	67	101	64	76	65	99	63	75 I
	115	109	109	76	87	103	106	74	85 I
	107	118	131	88	102	116	129	84	99 I
	105	98	127	91	103	83	114	79	91 I
	107	67	119	76	90	63	106	67	80 I
	81	98	107	68	81	95	105	66	79 I
	111	78	109	77	88	73	108	74	85 I
	95	84	115	73	87	83	106	65	78 I
	108	85	105	74	84	82	104	72	82 I
	76	85	104	59	74	78	103	59	74 I
	83	82	93	64	74	70	80	56	64 I
	115	90	141	98	112	82	130	87	101 I
	114	82	128	86	100	78	103	71	82 II
	96	76	133	73	93	75	132	77	95 II
	117	92	147	90	109	84	138	81	100 II
	116	95	127	86	100	83	117	72	87 I
	93	79	102	71	81	73	96	60	72 I
	108	93	150	107	121	84	128	89	100 I
	87	88	110	66	81	79	108	63	78 II
	102	71	117	87	97	60	92	52	65 I
	94	92	121	83	96	80	118	82	94 II
	110	95	129	92	104	86	120	86	97 II
	94	86	119	80	93	84	118	79	92 I
	102	92	128	86	100	91	127	85	99 I
	101	88	124	84	97	86	118	78	91 I



CL GRADE	LARYNGO DURN(S)	SIDE EFFECTS		
		HYPO	BRADY	ARRHYTHM
I	13	N	N	N
I	9	N	N	N
I	13	N	N	N
I	14	N	N	N
IIA	18	N	N	N
I	12	N	N	N
I	11	N	N	N
I	9	N	N	N
I	13	N	N	N
I	13	N	N	N
I	13	N	N	N
I	9	N	N	N
I	11	N	N	N
I	14	N	N	N
I	13	N	N	N
I	10	N	N	N
I	13	N	N	N
IIA	17	N	N	N
I	12	N	N	N
IIA	16	N	N	N
I	13	N	N	N
I	14	N	N	N
I	14	N	N	N
I	16	N	N	N
I	15	N	N	N
I	13	N	N	N
I	14	N	N	N
I	17	N	N	N
I	12	N	N	N
I	16	N	N	N

## ESMOLOL GROUP

NAME	AGE	SEX	WEIGHT	IP NO	BASELINE HR	SBP	DBP
VIMALKUMAR	21	M	62	61125	78	130	80
LAKSHMIKANT	23	M	53	65306	86	120	82
AMMU	27	F	60	62668	88	112	80
PARIMALA	31	F	68	62557	68	120	78
RAMANI	21	M	55	63994	98	130	84
INBASEKARAN	31	M	65	58498	84	124	70
MYTHILI	20	F	46	62219	82	122	74
RAJESWARI	25	F	48	60820	86	126	80
GEETHA	22	F	46	62875	104	118	76
MUSINAPARVIN	28	F	62	62223	76	102	70
PARVIN BANU	22	F	43	63495	90	120	80
CHINAPONNU	35	F	50	64993	74	130	90
BALACHANDRAN	28	M	58	65027	76	126	84
TAMILMOZHI	18	F	37	65691	89	100	70
SELVI	38	F	62	66320	90	120	76
KALAIVANI	22	F	38	64673	86	116	88
NAVINKUMAR	15	M	35	63457	88	130	84
UMA	18	F	37	60214	108	122	78
MOHANAPRIYA	16	F	37	65785	90	124	84
GUNASEKAR	19	M	54	69503	92	134	80
NABISHA	27	F	52	70607	102	128	86
ELAVARASAN	26	M	66	71868	86	144	100
JAYAKUMAR	60	M	70	73577	76	132	80
RAJATHI	30	F	45	73479	78	124	78
AJITKUMAR	16	M	44	74918	80	128	74
RAMESHKUMAR	28	M	65	76471	78	116	72
NAGAMMAL	38	F	62	73917	86	126	80
RAJKUMAR	40	M	64	74570	88	124	82
KAVIARASAN	19	M	45	72153	88	126	74
SUSEELA	32	F	59	72063	88	120	86

AFTER PREMED				AFTER TEST DRUG					
MAP	HR	SBP	DBP	MAP	HR	SBP	DBP	MAP	
	97	70	117	67	77	69	101	54	66
	95	82	118	82	94	71	96	65	75
	91	90	113	78	90	93	90	69	76
	92	73	124	71	89	58	85	48	60
	99	94	124	83	97	71	91	54	66
	89	72	126	75	92	64	99	53	68
	90	81	113	74	84	67	103	57	71
	96	98	124	85	98	83	108	77	87
	87	106	111	63	74	92	105	61	73
	80	80	96	68	77	67	85	51	62
	93	83	112	75	87	73	96	62	73
103	72	128	83	98	74	108	78	88	
98	71	125	81	96	69	100	59	73	
80	118	119	79	92	109	117	82	94	
91	86	118	74	89	67	103	57	72	
97	90	119	86	97	84	107	70	82	
99	124	131	81	98	107	88	58	68	
93	96	120	78	92	89	103	69	80	
97	104	120	77	91	91	111	69	83	
98	100	142	72	95	75	110	53	72	
100	100	121	77	92	99	98	63	75	
115	67	143	81	102	67	125	60	82	
97	75	126	77	93	58	90	60	70	
93	90	126	83	97	71	93	62	72	
92	78	124	70	88	84	112	64	80	
87	74	110	66	81	80	104	62	76	
95	74	120	78	92	71	93	57	69	
96	80	120	78	92	72	98	68	78	
91	84	114	72	86	74	94	63	73	
91	87	116	76	89	82	90	52	65	

AFTER INDUCTION				IMM AFTER INTUBATION				1`MIN AFT	
HR	SBP	DBP	MAP	HR	SBP	DBP	MAP	HR	
	70	120	65	83	83	116	66	76	80
	73	93	67	76	88	108	77	87	84
	104	94	71	79	105	98	71	80	104
	71	98	57	71	65	112	61	78	63
	71	111	71	84	78	105	69	81	84
	66	114	71	85	68	103	63	76	63
	77	110	57	75	80	107	66	81	78
	102	100	75	83	103	120	87	98	96
	103	102	61	72	108	112	77	87	106
	75	92	57	69	87	110	78	89	86
	67	115	80	92	84	114	72	86	84
	73	120	78	92	80	109	77	88	76
	62	113	66	82	76	114	72	86	76
	110	117	80	92	114	103	67	79	112
	77	110	57	75	80	107	66	80	78
	90	113	75	88	96	115	74	87	88
	118	122	78	93	114	112	68	83	110
	92	102	66	78	104	118	84	95	100
	98	119	74	89	92	111	69	83	92
	84	123	58	80	97	134	73	93	96
	98	111	76	89	110	125	85	98	108
	64	99	54	69	99	136	98	111	83
	62	94	62	73	70	111	74	86	65
	74	106	73	84	76	114	79	91	73
	88	113	69	84	92	122	75	91	88
	81	109	66	80	94	111	66	81	92
	76	107	70	82	91	116	79	91	90
	76	99	69	79	78	127	84	98	74
	79	107	73	84	106	118	81	93	98
	85	98	53	68	102	125	84	98	91

ER INTUBATION			3 MIN AFTER INTUBATION			5 MIN AFTER INTUBATION		
SBP	DBP	MAP	HR	SBP	DBP	MAP	HR	SBP
106	53	67	78	94	50	65	76	95
108	77	87	80	105	71	82	73	102
96	70	79	103	93	69	77	102	80
89	41	57	60	90	42	58	57	93
105	69	81	77	92	62	72	72	92
106	55	72	64	98	53	64	62	99
104	53	66	75	101	50	66	74	104
100	74	83	91	95	70	78	74	96
104	77	85	102	95	48	61	102	90
104	73	83	85	97	71	80	83	87
97	57	69	82	92	54	67	80	94
98	60	73	75	86	56	66	74	85
110	66	81	75	105	61	75	74	101
100	65	77	110	94	59	71	110	89
104	53	70	75	101	50	67	74	104
108	64	79	87	103	51	68	86	98
106	64	78	104	98	63	75	102	97
114	81	92	102	112	79	90	98	108
105	69	81	92	106	58	74	90	107
133	71	92	94	130	56	81	92	125
112	78	89	98	111	78	89	92	110
133	83	100	76	118	73	88	67	107
109	73	85	64	107	73	84	64	106
111	75	87	72	109	72	84	71	105
115	65	82	84	111	60	77	78	107
108	64	79	88	108	66	80	90	107
104	74	84	84	100	70	80	82	98
119	81	94	72	118	80	93	69	116
107	66	80	90	103	65	78	88	105
113	75	88	90	106	69	81	92	99

ION DBP	MAP	MMS	CL GRADE	LARYNOSCOPY	SIDE EFFECTS		
				DURN (secs)	HYPOTENSION	BRADY	ARRHYTH
	50	65 I	I	16	N	N	N
	68	79 I	I	11	N	N	N
	56	64 I	II A	12	N	N	N
	43	60 I	IIA	13	Y	y	N
	60	71 I	I	11	N	N	N
	52	63 I	I	10	N	N	N
	43	72 I	I	10	N	N	N
	72	80 I	I	11	N	N	N
	42	52 I	I	9	N	N	N
	59	68 I	I	13	N	N	N
	49	64 I	I	10	N	N	N
	56	66 I	I	13	N	N	N
	57	72 I	IIA	12	N	N	N
	56	67 I	I	12	N	N	N
	53	70 I	IIA	12	N	N	N
	53	68 I	I	14	N	N	N
	62	74 I	I	11	N	N	N
	75	86 I	I	11	N	N	N
	58	74 I	I	11	N	N	N
	52	76 I	I	13	N	N	N
	73	85 II	IIB	16	N	N	N
	64	78 II	IIA	18	N	N	N
	72	83 II	IIB	16	N	N	N
	71	82 II	I	14	N	N	N
	59	75 I	I	12	N	N	N
	65	79 I	I	14	N	N	N
	68	78 II	I	16	N	N	N
	78	91 II	IIA	19	N	N	N
	72	83 I	I	12	N	N	N
	62	74 I	I	14	N	N	N